

WATER ANALYSIS

Sodium	7,8	Nitrate	N.D.
Calcium	33,9	Sulfate	26,1
Magnesium	4,2	Fluoride	N.D.
Iron	N.D.	Bicarbonate	144
Chloride	4,0	pH	7,5
Potassium	0,2	TDS	160

"N.D."= Not Detected, "TDS"= Total Dissolved Solids bicarbonate preferable between 100-200 to assist digestion. pH should be 7,5 - 8,0 as perfect balance for human body. Above to alkali, below to acid.

Santa Lucia is a very light mineral water which, with a TDS of 160 mg/l, is particularly indicated for low-sodium diet. The pH of 7,5 is situated in the range of slightly alkaline water (anti-acid).